

## 2025 Lincoln Lancers SC Soccer Intramural Information

Thank you for your interest in the Lincoln Lancers Soccer Intramural for this upcoming 2025 season. Please find all relevant links below. If you have additional questions, please contact Mr. Agnew, Boys Coach (<u>magnew@naperville.org</u>) or Mrs. Emamjomeh, Girls Coach (<u>memamjomeh@naperville203.org</u>) via email.

## <u>To-Do List</u>

1. Review this informational slide about our program: <u>docs.google.com/presentation/d/1mAZcK6YBF-f980mQ-pRxT7vQh5YKZvGbKpcsGbCxans/</u>

2. Sign up for the soccer team here: <u>docs.google.com/forms/d/e/1FAIpQLSff4BH-GQSJYaHHm5-RGVKNYNskO2iqvxRtg5GtwFof64HU3w/</u>

3. Print or download a calendar of training and matches: <u>docs.google.com/document/d/17IJrNFzc6ob3qG23JLEaqq-hw68hWdY4o-bsurAdI3M</u>

4. Join the Remind group for weather-related cancellations, last-minute game info, etc.: Send the message **@LJHS203SC** to phone number **81010** <u>OR</u> click here: <u>remind.com/join/ljhs203sc</u>

| Questions  | Answers  |
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| Can I join both track and soccer? OR<br>How much time can I reasonably miss and still<br>participate in the matches? | You can join both. You'll prioritize matches and<br>meets, and then split training time between the two.<br>If something else is making you busy, you should<br>plan on attending AT LEAST half of our trainings.  |
| Will we use the same goals as last year?   | Yes. The goals will be 6' x 12'.   |
| How am I supposed to get to Maplebrook and<br>Winding Creek by 3:00?   | You're not. The expectation is that walking to the<br>field is part of your warm-up, and should begin at<br>3:00. Then training will begin at 3:15.  |
| How do I get to Maplebrook and Winding Creek?  | You will walk with your coaches and peers on the first training there to show you.   |
| Will we have official kits?  | We will wear gym shirts or pinnies during matches.   |
| I've never played/don't think I'm "good." Will I fit in?   | Yes. This program is open for all skill levels. We will prioritize having fun and individual skill-building.   |
| Why should I join?   | You'll be able to have fun with your school friends<br>while playing the game you love in a low-stakes<br>setting. Come try out a new position, practice on a<br>coed team, discover some fun drills, and show your<br>Lancer Pride as we take on the other 203 schools. |